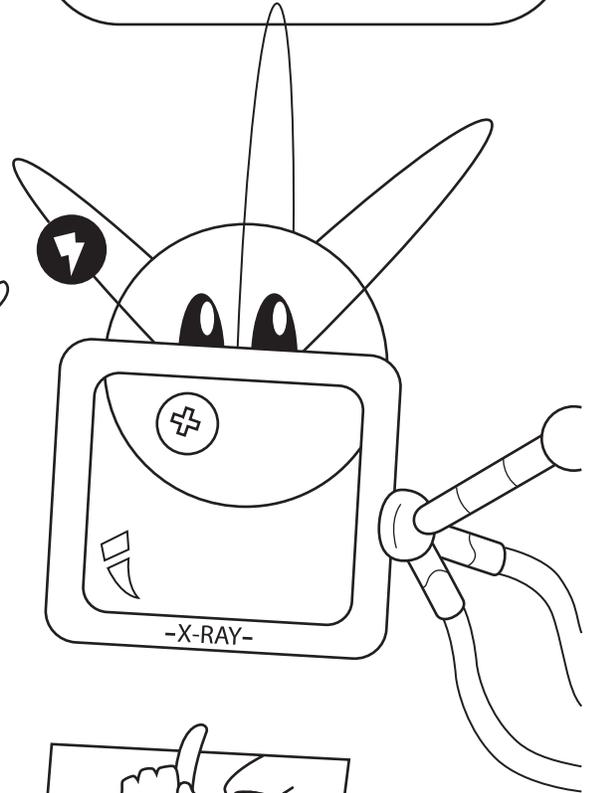


Well that's a good question, Adam. To answer it, let's take a look at what is inside of you, since you are a hydrogen atom.

Then what does radiation mean?

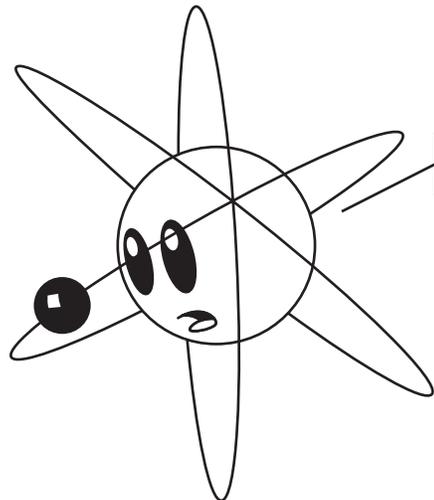
A hydrogen atom, like you, has one electron.



Hydrogen atoms also have one proton.



Those particles give atoms energy, just like food gives people energy.



Wow...